

PRIMARY SELECT

WHAT YOU PAY

REVIEW.

PRIMARY		
	JANUARY - MARCH 2023	APRIL - DECEMBER 2023
MAIN MEMBER	R2 654	R2 792
ADULT DEPENDANT	R2 076	R2 184
CHILD DEPENDANT	R844	R888

PRIMARY SELECT USES A LIST OF SPECIFIC PRIVATE HOSPITALS AND LINKED PRIMARY PROVIDES ACCESS TO ANY PRIVATE HOSPITAL AND USES A LINKED FORMULARY OF CHRONIC MEDICATION.

YOU ONLY PAY FOR A MAXIMUM OF THREE CHILDREN. DEPENDANTS WHO ARE FULL-TIME STUDENTS PAY CHILD RATES UP TO AGE 24 YEARS, SUBJECT TO AN ANNUAL

PRIMARY SELECT APRIL - DECEMBER 2023 JANUARY - MARCH 2023 MAIN **R2322 R2443 MEMBER ADULT** R1816 R1 910 DEPENDANT CHILD **R738 R776 DEPENDANT**

FORMULARY OF CHRONIC MEDICATION.

OUT-OF-HOSPITAL BENEFITS

Please note: When you complete a wellness screening or online wellness questionnaire, you unlock the Benefit Booster which can be used to pay for out-of-hospital expenses first.

OVERALL DAY-TO-DAY LIMIT

PRIMARY

PRIMARY SELECT

DAY-TO-DAY BENEFITS

DAY-TO-DAY BENEFITS

The day-to-day benefits provide cover for consultations with your GP and specialist, acute medicine, X-rays, blood tests and other out-of-hospital medical expenses up to the overall day-to-day limit, subject to the relevant sublimit per category.

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R5 000
R8 000
R10 000
R11 000

R5 000	
R8 000	
R10 000	
R11 000	

DAY-TO-DAY SUBLIMITS

MAIN MEMBER + 3 OR MORE DEPENDANTS

The sublimits below are the maximum available for each category, subject to the overall day-to-day limit.

MAIN MEMBER ONLY

MAIN MEMBER ONLY

MAIN MEMBER + 1 DEPENDANT
MAIN MEMBER + 2 DEPENDANTS

MAIN MEMBER + 1 DEPENDANT

MAIN MEMBER + 2 DEPENDANTS

MAIN MEMBER + 3 OR MORE DEPENDANTS

GENERAL MEDICAL APPLIANCES (SUCH AS WHEELCHAIRS AND CRUTCHES)

PRIMARY & PRIMARY SELECT

GP & SPECIALIST CONSULTATIONS	ACUTE AND OVER-THE-COUNTER MEDICINE	X-RAYS & BLOOD TESTS	AUXILIARY SERVICES
For specialist consultations you must get a referral from your GP. (Including virtual care consultations) On Primary Select: • You must nominate 2 GPs on our network for each beneficiary for the year • 2 non-nominated network GP visits allowed per family per year • Consultations with non-network GPs are limited to PMBs only	Avoid a 20% co-payment by using a Bonitas Pharmacy Network Avoid a 20% co-payment by using medicine that is on the formulary Over-the-counter medicine is limited to R500 per beneficiary and R2 000 per family	This category applies to blood and other laboratory tests as well as X-rays and ultrasounds.	This category applies to physiotherapy, podiatry and biokinetics, allied medical professionals (such as dieticians, speech and occupational therapists) and alternative healthcare (20% co-payment applies to homoeopathic medicine).
R2 000	R1 500	R2 000	R2 000
R3 500	R2 500	R2 500	R2 500
R4 500	R3 000	R3 000	R3 000
R4 500	R3 000	R3 000	R3 000
Subject to the available overall day-to-day limit		Recommend use of the preferred supplier	
Subject to frequency limits as per Managed Care protocols		R7 340 per family for Stoma Care and CPAP machines. Note: CPAP machines subject to Managed Care protocols	

These benefits are in addition to your overall day-to-day limit.

MRIS AND CT SCANS (SPECIALISED RADIOLOGY) **MENTAL HEALTH CONSULTATIONS OPTOMETRY EYE TESTS** SINGLE VISION LENSES (CLEAR) OR BIFOCAL LENSES (CLEAR) OR **MULTIFOCAL LENSES FRAMES** (AND/OR LENS ENHANCEMENTS) **CONTACT LENSES BASIC DENTISTRY** CONSULTATIONS X-RAYS: INTRA-ORAL X-RAYS: EXTRA-ORAL **PREVENTATIVE CARE** FILLINGS

ROOT CANAL THERAPY AND EXTRACTIONS

PRIMARY

I MIMANI				
R14 240 per family, in and out-of-hospital		Pre-authorisation required		
R2 000 co-payment per scan event except for PMB				
In and out-of-hospital consultations (included in the mental health hospitalisation benefit)	5	Limited to R10 920 per family		
R5 421 per family, once every 2 yea (based on the date of your previous claim)	rs	Each beneficiary can choose glasses	OR	contact lenses
1 consultation per beneficiary, at a network provider	OR	R365 per beneficiar examination, at a no provider		
100% towards the cost of lenses at network rates		R215 per lens, per b network	enef	iciary, out of
100% towards the cost of lenses at network rates		R460 per lens, per beneficiary, out of network		
	100% towards the cost of base lenses at a network provider, or limited to a maximum of R860 per designer lens, per beneficiary, in and out of network			
R550 per beneficiary at a network provider R413 per beneficiary at a non-netwo		non-network		
R1 360 per beneficiary (included in the family limit)				
Covered at the Bonitas Dental Tariff Subject to the Bonitas Dental Management Programme and a Designated Service Provider			e and a	
2 annual check-ups per beneficiary (once every 6 months)				
Managed Care protocols apply				
1 per beneficiary, every 3 years				
2 annual scale and polish treatments per beneficiary (once every 6 months) Fissure sealants are only covered for children under 16 years		covered for		
Fluoride treatments are only covered for children from age 5 and younger than 16 years				
Benefit for fillings is granted once per tooth, every 2 years		Benefit for re-treatment of a tooth is subject to Managed Care protocols		
A treatment plan and X-rays may be	requ	ired for multiple fillir	ngs	
Managed Care protocols apply		Benefit for root canal includes all teeth except primary teeth and permanent molars		

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permanent molars

These benefits are in addition to your overall day-to-day limit.

PLASTIC DENTURES AND ASSOCIATED LABORATORY COSTS

PRIMARY

1 set of plastic dentures (an upper and a lower), once every 4 years for beneficiaries 21 years and older

20% co-payment applies Pre-authorisation required

PRIMARY SELECT

1 set of plastic dentures (an upper and a lower), once every 4 years for beneficiaries 21 years and older

20% co-payment applies Pre-authorisation required

MAXILLO-FACIAL SURGERY AND ORAL PATHOLOGY

SURGERY IN THE DENTAL CHAIR				

HOSPITALISATION

(GENERAL ANAESTHETIC)

INHALATION SEDATION IN DENTAL ROOMS (LAUGHING GAS)

MODERATE/DEEP SEDATION IN DENTAL ROOMS (IV CONSCIOUS SEDATION)

Managed Care protocols apply		
A co-payment of R3 500 per hospital admission for children younger than 5 years and R5 000 for all other admissions, admission protocols apply General anaesthetic is only availated to children under the age of 5 for extensive dental treatment once lifetime		
General anaesthetic benefit is available for the removal of impacted teeth Managed Care protocols apply		
Pre-authorisation required		
Managed Care protocols apply		
Limited to extensive dental treatment Managed Care protocols apply		
Pre-authorisation required		

Managed Care protocols apply		
A co-payment of R3 500 per hospital admission for children younger than 5 years and R5 000 for all other admissions, admission protocols apply	General anaesthetic is only available to children under the age of 5 for extensive dental treatment once per lifetime	
Avoid a 30% co-payment by using a hospital on the applicable network	General anaesthetic benefit is available for the removal of impacted teeth	
Pre-authorisation required	Managed Care protocols apply	
Managed Care protocols apply		
Limited to extensive dental treatment	Managed Care protocols apply	
Pre-authorisation required		

CHRONIC BENEFITS

Primary and Primary Select ensures that you are covered for the 27 Prescribed Minimum Benefits listed below on the applicable formulary. You must use Pharmacy Direct, our Designated Service Provider, to get your medicine. If you choose not to use Pharmacy Direct or if you choose to use medicine that is not on the formulary, you will have to pay a 40% co-payment.

PRIMARY

& PRIMARY SELECT

PRESCRIBED MINIMUM BENEFITS COVERED

1.	Addison's Disease
2.	Asthma
3.	Bipolar Mood Disorder
4.	Bronchiectasis
5.	Cardiac Failure
6.	Cardiomyopathy
7.	Chronic Obstructive Pulmonary Disease
8.	Chronic Renal Disease
9.	Coronary Artery Disease

10.	Crohn's Disease
11.	Diabetes Insipidus
12.	Diabetes Type 1
13.	Diabetes Type 2
14.	Dysrhythmias
15.	Epilepsy
16.	Glaucoma
17.	Haemophilia
18.	HIV/AIDS

19.	Hyperlipidaemia
20.	Hypertension
21.	Hypothyroidism
22.	Multiple Sclerosis
23.	Parkinson's Disease
24.	Rheumatoid Arthritis
25.	Schizophrenia
26.	Systemic Lupus Erythematosus
27.	Ulcerative Colitis
	-

ADDITIONAL BENEFITS

We believe in giving you more value. The following benefits are in addition to your day-to-day and other benefits.

BENEFIT BOOSTER



Available after completing a wellness screening or online wellness questionnaire

PRIMARY & PRIMARY SELECT R1 500

per family which can be used for out-of-hospital claims for:

- GP and specialist consultations
- Acute and over-the-counter medicine
- Biokineticist and physiotherapist consultations and treatment
- · Paramedical services such as dietician, speech and occupational therapy consultations and treatment
- · Alternative healthcare such as homeopathic consultations, treatment and acupuncture
- · Non-surgical procedures and tests e.g. wart removal
- X-rays
- Blood tests

Child dependants can access the Benefit Booster once an adult beneficiary has completed a wellness screening or online wellness questionnaire

(All claims are paid at the Bonitas Rate)

MATERNITY CARE



- 6 antenatal consultations with a gynaecologist, GP or midwife
- · 2 2D ultrasound scans
- · 1 amniocentesis
- · 4 consultations with a midwife after delivery (1 of these can be used for a consultation with a lactation specialist)

MATERNITY PROGRAMME

Register for the maternity programme and get:

- · Access to 24/7 maternity advice line
- · Dedicated maternity nurse/midwife to support and advise you throughout your pregnancy
- · Access to articles regarding common pregnancy concerns
- · Pregnancy education emails and SMSs sent to you weekly
- · Online antenatal classes to prepare you for the birth and what to expect when you get home
- · Baby bag including baby care essentials

WELLNESS BENEFIT



· 1 wellness screening per beneficiary at a participating pharmacy, biokineticist or a Bonitas wellness day

Wellness screening includes the following tests:

- Blood pressure
- Body Mass Index

- Glucose

- Waist-to-hip ratio
- Cholesterol

CONTRACEPTIVES



- · R1 760 per family (for women aged up to 50)
- · You must use the Designated Service Provider for pharmacy-dispensed contraceptives
- If you choose not to use a Designated Service Provider, a 40% co-payment applies

CHILDCARE



- · Hearing screening for newborns up to 8 weeks, in or out-of-hospital
- · Congenital hypothyroidism screening for infants under 1 month old
- · Babyline: 24/7 helpline for medical advice for children under 3 years
- 1 Paediatrician or GP consultation per child under 1 year
- 1 Paediatrician or GP consultation per child between ages 1 and 2
- 1 GP consultation per child between ages 2 and 12
- · Immunisation according to Expanded Programme on Immunisation in South Africa up to the age of 12

PREVENTATIVE CARE



- · 1 HIV test and counselling per beneficiary
- 1 flu vaccine per beneficiary
- · 1 mammogram every 2 years, for women over 40
- · 1 pap smear every 3 years, for women between ages 21 and 65
- 1 prostate screening antigen test for men between ages 45 and 69
- 1 pneumococcal vaccine every 5 years, for members aged 65 and over
- 1 stool test for colon cancer, for members between ages 50 and 75
- · Dental fissure sealants to prevent tooth decay on permanent teeth for children under 16
- · Covid-19 vaccines and boosters as directed by the National Department of Health

AFRICA BENEFIT



- · In and out-of-hospital treatment covered at 100% of the Bonitas Rate
- Subject to authorisation

INTERNATIONAL TRAVEL **BENEFIT**

You must register for this benefit prior to departure

- · Up to R10 million cover per family for medical emergencies when you travel outside South Africa
- · Additional benefit for medical quarantine up to R10 000 per beneficiary if tested positive for Covid-19

All benefits and limits are per calendar year, unless otherwise stated. Managed Care protocols apply. Benefits are subject to approval by the Council for Medical Scheme:

PRIMARY & PRIMARY SELECT 2023 ADDITIONAL BENEFITS

MANAGED CARE BENEFITS

We believe in giving you more value. The following benefits are in addition to your day-to-day and other benefits.

HIV/AIDS

- Provides you with appropriate treatment and tools to live your best life
- Offers HIV-related consultations to visit your doctor to monitor your clinical status
- · Offers access to telephonic support from doctors
- Covers medicine to treat HIV (including drugs to prevent mother-to-child transmission and infection after sexual assault or needle-stick injury)
- Covers regular blood tests to monitor disease progression, response to therapy and to detect possible side-effects of treatment
- · Gives ongoing patient support via a team of trained and experienced counsellors
- Treatment and prevention of opportunistic infections such as pneumonia, TB and flu
- · Helps in finding a registered counsellor for face-to-face emotional support

DIABETES MANAGEMENT



- Empowers you to make the right decisions to stay healthy
- · Provides cover for the tests required for the management of diabetes as well as other chronic conditions
- Offers access to diabetes doctors, dieticians and podiatrists
- Gives access to a dedicated Health Coach to answer any questions you may have
- Offers a personalised care plan for your specific needs
- Provides education to help you understand your condition better

CANCER



- · Puts you first, offering emotional and medical support
- · Liaises with your doctor to ensure your treatment plan is clinically appropriate to meet your needs
- · Access to a social worker for you and your loved ones
- · Uses the Bonitas Oncology Medicine Network (20% co-payment applies for use of a non-network provider)
- · Matches the treatment plan to your benefits to ensure you have the cover you need
- · Uses the Bonitas Oncology Network of specialists

BACK AND NECK§

- · Assessment of back and neck pain to determine the level of care required before surgery to give you the best outcome
- · Offers a personalised treatment plan for up to 6 weeks
- · Includes treatment from doctors, physiotherapists and biokineticists
- · Gives access to a home care plan to maintain long-term results and helps manage severe back and neck pain
- · Highly effective and low-risk, with an excellent success rate
- · We cover the cost of the programme, excluding X-rays
- Uses the DBC network

HOSPITAL-AT-HOME



- · Care for any acute condition deemed appropriate by your treating provider i.e., pneumonia, Covid-19
- · An alternative to general ward admission and stepdown facilities, allowing you to receive quality, safe healthcare in the comfort of your home
- · Remote patient monitoring including 24/7 vital signs monitoring from our clinical command centre, continuous virtual visits and clinical support, continuous care from a doctor, short-term oxygen (as prescribed) and emergency ambulance services
- · Our hospital setup at home also includes remote patient monitoring, daily visits, laboratory services, blood tests, wound dressings, medication/fluids via a drip, allied healthcare services and physiotherapy (as prescribed)
- · A team of trained healthcare professionals, including skilled nurses, that will bring all the essential elements of hospital care to your home
- · A transitional care programme to minimise re-admissions
- · Hospital-at-Home is subject to pre-authorisation

IN-HOSPITAL BENEFITS

This benefit offers cover for major medical events that result in a beneficiary being admitted to hospital. Members have access to cover at a private hospital. Pre-authorisation is required. A co-payment may apply to specific admissions and/or procedures. Managed Care protocols apply.

Please note: On the Primary Select option you can avoid a 30% co-payment by using a hospital on the applicable network.

PECIALIST	CONSULTA	TIONS/TRE	ATMENT

GP CONSULTATIONS/TREATMENT

BLOOD TESTS AND OTHER LABORATORY TESTS

X-RAYS AND ULTRASOUNDS

MRIS AND CT SCANS

(SPECIALISED RADIOLOGY)

CATARACT SURGERY

ALLIED MEDICAL PROFESSIONALS

(SUCH AS DIETICIAN, SPEECH AND OCCUPATIONAL THERAPIST)

PHYSIOTHERAPY, PODIATRY AND BIOKINETICS

INTERNAL PROSTHESES

MENTAL HEALTH HOSPITALISATION

TAKE-HOME MEDICINE

PHYSICAL REHABILITATION

ALTERNATIVES TO HOSPITAL

(HOSPICE, STEP-DOWN FACILITIES)

PALLIATIVE CARE

(CANCER ONLY)

PRIMARY

Unlimited, network specialists covered in full at the Bonitas Rate	Unlimited, non-network specialists paid at 100% of the Bonitas Rate		
Unlimited, covered at 100% of the Bonitas Rate			
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R14 240 per family, in and out-of-hospital	Pre-authorisation required		
R2 000 co-payment per scan event except for PMB			
Avoid a R6 620 co-payment by using the Designated Service Provider			
Limited to and included in the day-to-day benefit	Subject to referral by treating practitioner		
Limited to and included in the day-to-day benefit	Subject to referral by treating practitioner		
PMB only	Managed Care protocols apply		
R17 010 per family	No cover for physiotherapy for mental health admissions		
Limited to a 7-day supply up to R420 per hospital stay			
R54 360 per family			
R18 130 per family	Managed Care protocols apply		
Unlimited, subject to the DSP	Including hospice/private nursing, home oxygen, pain management, psychologist and social worker support		

PRIMARY SELECT

Unlimited, network specialists covered in full at the Bonitas Rate	Unlimited, non-network specialists paid at 100% of the Bonitas Rate		
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R2 000 co-payment per scan event except for PMB			
Avoid a R6 620 co-payment by using the Designated Service Provider			
Limited to and included in the day-to-day benefit	Subject to referral by treating practitioner		
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CANCER TREATMENT
CANCER MEDICINE
ORGAN TRANSPLANTS
KIDNEY DIALYSIS
HIV/AIDS
DAY SURGERY PROCEDURES
(APPLIES TO SELECTED PROCEDURES)

PRIMARY		
Unlimited for PMBs	R200 000 per family for non-PMBs. Paid at 80% at a Designated Service Provider and no cover at a non-Designated Service Provider, once limit is reached.	
Avoid a 30% co-payment by using a Designated Service Provider	Sublimit of R54 160 per beneficiary for Brachytherapy	
Subject to Medicine Price List and preferred product list	Avoid a 20% co-payment by using a Designated Service Provider	
PMB only		
Unlimited	Avoid a 20% co-payment by using a Designated Service Provider	
Unlimited, if you register on the HIV/AIDS programme	Chronic medicine must be obtained from the Designated Service Provider	
Avoid a R2 430 co-payment by using a network day hospital		

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PMB only	
Unlimited	Avoid a 20% co-payment by using a Designated Service Provider
Unlimited, if you register on the HIV/AIDS programme	Chronic medicine must be obtained from the Designated Service Provide

	RE CO-PAYMENTS
(PER EVEN	IT, SUBJECT TO PRE-AUTHORISATION)

R1 730 co-payment	R4 400 co-payment	R8 150 co-payment
Colonoscopy Conservative Back Treatment Cystoscopy Facet Joint Injections Flexible Sigmoidoscopy Functional Nasal Surgery Gastroscopy Hysteroscopy (not Endometrial Ablation) Myringotomy Tonsillectomy and Adenoidectomy Umbilical Hernia Repair Varicose Vein Surgery	Arthroscopy Diagnostic Laparoscopy Laparoscopic Hysterectomy Percutaneous Radiofrequency Ablations (Percutaneous Rhizotomies)	Laparoscopic Pyeloplasty Laparoscopic Radical Prostatectomy Nissen Fundoplication (Reflux Surgery)

TO JOIN SPEAK TO YOUR FINANCIAL ADVISOR, CALL 0861 266 482 OR VISIT BONITAS.CO.ZA



Bonitas WhatsApp 060 070 2491



www.bonitas.co.za



Bonitas Medical Fund



bonitas.co.za/member



Bonitas Member App



@BonitasMedical

Please note: Product rules, limits, terms and conditions apply. Where there is a discrepancy between the content provided in this brochure and the Scheme Rules, the Scheme Rules will prevail. The Scheme Rules are available at www.bonitas.co.za. All benefits and limits are per calendar year, unless otherwise stated. Managed Care protocols apply.

Benefits are subject to approval by the Council for Medical Schemes. All claims are paid at the Bonitas Rate, unless otherwise stated.